How to measure your ankle for a **MalleoTrain®** ankle support.



Measure the circumference of the ankle at the narrowest point.

Size	Circumference (inch)
1	6 ¾-7 ½
2	7 ½-8 ¼
3	8 ¼-9
4	9-9 ¾
5	9 ¾-10 ¾
6	10 ¾-11 ½